



Dhanlaxmi Shikshan Sanstha's

SSK COLLEGE OF PHARMACY

SSK Campus, Wadzire, Tal: Sinnar, Dist: Nashik, Maharashtra 422102
(Approved by PCI, New Delhi, DTE Maharashtra, Affiliated by MSBTE)
PCI Code: 5808 DTE Code: 5502 MSBTE Code: 62355
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Report On Kathak and Paper Bag Making Workshop

Activity : Cultural Program

Topic : Kathak Workshop and Other Activities

Date : 15 Feb 2024

Time : 11:30 to 1:30 pm

Organizer : Cultural Department of SSK college of Pharmacy
In collaboration with SSK Arts Commerce College

Guest Trainer : Gauri Pendase Umeed Foundation

Coordinator : Tejal khalkar, Sonali Sanap, Pankaj Gunjal,

Principal : Dr.Sushil Patil

Objective of the Program : Learning Kathak, especially at a young age, is immensely beneficial later in life. It helps to strengthen muscles and makes the mind and body robust from a young age, which is crucial during a child's growing years. It teaches the youngster self-discipline as well as the virtues of teamwork and self-discipline.

GUEST WELCOME



About the Event

SSK college of Pharmacy organized a Kathak dance workshop collaboration with **Umeed Foundation – Reaching the unreachable**.

With support of Founder of Umeed foundation Mrs Kavita Pradip Gite

The workshop was conceived as one pertaining to skills and technique enhancement and registrations were full within no time of the announcement. And why not? It was after all by Guru Gauri Pendase, who with more than teaching experience in the field, is known to be an awesome teacher, besides being a gifted performer and choreographer. She teaches with tremendous passion, energy and details to ensure that learners can absorb easily and quickly be it at a beginner, intermediate or advanced level.

Summary of the Event

Gauri Pendase who was well trained Kathak dancer Performer and teacher gracefully conducted this workshop identified aspects that each of the level of

learners could improve on by working with the intra-forms that the participants already knew. This helped the participants focus on the corrections and refinements. To re-enforce key aspects to work on, she quickly created and taught new but similar intra-forms. She taught in various ways how to execute specific movements and *chakkars* (pirouettes) sharper, swifter and with more power and energy and also explained the reasons behind the same. She stressed on the modulation needed while doing *padhant* (oral recitation of composition before performing the same) by giving examples and exercises, explaining how and why the variations in tones and punctuations makes the *padhant* interesting for the audience.



Gauri Pendase while giving instructions and teaching various art forms to students

She taught some movements from scratch as well - giving all the minute details, starting from the exact position of hands w.r.t. body, to the point by point positions of the torso, usage of not just eyes, but eyebrows, the energy required in the arms, the working of wrists and more. This was fantastic both for those not familiar with the movement (since they learnt a new movement) as well as for those who already knew it as it helped them in technique

improvement and in discovering what they lacked in terms of showcasing that move



Conclusion : The audience was amazed by the play of emotions on the dancer's face that transported them from emotion to emotion... despair, reproach, bhakthi, love... It was the genius of the gifted performer that each *bhaav* enacted was experienced in the hearts of the enthralled audience..




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My gratitude to Nrutyangana **Gauri Pendase**, The Whitefield Dance Collective,
for organizing this workshop.




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Coordinator

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